

Prospective athletes

PROSPECTIVE MUSTANG SWIMMERS/DIVERS

Anyone who likes to swim, or who would like to try aerial gymnastics over the water (diving), is encouraged to check out this website completely and let us know who you are by sending us an [e-mail](#). Please provide your contact information and let us know if you would like a captain or captain's parent to contact you.

FAQ'S

1. *Do I need to be a good Swimmer or Diver before I join?*

You DO NOT need to be an expert to join the team. Knowing how to swim and a desire to contribute is all it takes. Sometimes a background in gymnastics (divers) or club swimming helps, but everyone will be able to contribute in some way.

2. *Where does the team practice and when does the season start?*

Practices are held at Chippewa Middle School. Most of the time, carpooling arrangements can be made and/or school bus can help get you there after school. The Boys season starts the week after Thanksgiving; and ends around the beginning of March.

3. *How do I sign up?*

- Middle school students

Registrations for high school sports are done through the Activities Office at MVHS. You will need a [Middle School Consent Form](#) signed by the student athlete, a parent, and your middle school principal before turning it in. You will also need a [sports physical examination clearance form](#) completed by a doctor. This registration fee is \$190 for the season. Please check the [website](#) for updates.

- High school students

Registrations for sports are done online.

Registrations are done through FeePay under your SchoolView account. You must use the "parent portal" as a fee is required and this cannot be done through the students SchoolView account. Athletes are reminded to have a current physical (within three years) on file at least 24 hours prior to registering. Physicals are required by the Minnesota State High School League as part of the process to be eligible to participate. (Students may check on their physicals in the nurse's office or the activities office.)

4. *Is this team worth joining?*

Most definitely the answer is YES! It is going to be a lot of FUN!

Whether you want to compete at the collegiate level or develop a healthy lifestyle, swimming is an activity that can be continued for a lifetime. Regular swimming builds endurance, muscle strength and cardio-vascular fitness. Swimming teaches discipline, character, work ethic, sportsmanship, time management, goal setting, delayed gratification, self-esteem, respect, compassion and integrity. A glimpse of this can be found in the team motto "Strength & Honor". Comradery is huge because everyone works hard and contributes to the team's success.